

## Themes

### Rocking Rhymes

Snuggle up to read new and classic stories. Engage children in pretend play, art, and music related to these treasured tales and rhymes. Children will develop a love for language with this theme.

### Kitchen Helpers

Invite children into the kitchen during this culinary theme. Learn about simple measurement, cooking tools and utensils, and kitchen safety. Children will use their senses as they discover new tastes, textures, scents, colors, and more.

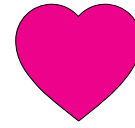
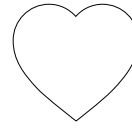
### Feeling My Best

Everyone has more fun when they feel their best! This theme helps children explore ways to feel great, physically and emotionally. Brushing teeth, washing hands, energetic indoor and outdoor play, and other healthy habits are all a part of this theme.

### Rainforest Explorers

Take a trip to a place full of unusual plants, animals, and insects—the rainforest! Monkeys, parrots, and more inspire songs, rhymes, games, sensory play, and art activities in this playful theme.

## Color/Shape Opposites



hard/soft

## Sign Language



eat

Flattened O hand moves back and forth to mouth as if eating.



book

Place palms together. Open hands like a book with pinky fingers touching.



drink

Form letter C with hand; tip toward mouth as if drinking from a cup.



slide

Hold out flat hand. Slide fingers of other hand over flat hand as if sliding on a slide.



swing

Make V with fingers on one hand; set them on two fingers of other hand. Swing hands as if on a swing.

## Learn with Me!

### Library Visit

The library is a wonderful place to help your child develop a love of books. Plan a time to visit the library with your child. You'll find wonderful resources! Choose a few books or other materials to check out. Your library may also offer read-aloud sessions or other events your child may enjoy.

### Animal Fun

Imitate animal sounds or movements and see if your child will join the fun! Imitation is an effective learning tool for your child. It also provides them with enjoyable social learning opportunities.

### My Project: Utensil Painting

When I bring this project home, we can:

- Name the color of the paper and the paints.
- Talk about the special tools used to make the paint marks.
- Create a painting together using other kitchen utensils, like a potato masher, spatula, and whisk.



*Graphics are intended to show samples of projects.  
Materials may be substituted or used differently.*

# FAMILY CONNECTION

## Book List

*Out of Shapes*  
by Ashley G.

*Big Little*  
by Leslie Patricelli

*Eating the Alphabet*  
by Lois Ehlert

*I Made This! Snacks*  
by Sally Sampson

*Belly Breathe*  
by Leslie Kimmelman

*Let's Go Outside*  
by Ekaterina Trukhan

*Bedtime in the Jungle*  
by John Butler

## Songs & Rhymes

### Pat-a-cake

Pat-a-cake, pat-a-cake, baker's man,  
Bake me a cake, as fast as you can;  
Pat it and roll it and mark it with a B,  
Put it in the oven for baby and me.

### Three Little Monkeys

Three little monkeys  
Sitting in a tree,  
Eating a banana  
Just like me!  
One had a frown,  
And one had a grin,  
And one had banana all over his chin!

## Recipe

### Smashed Avocado Toast

ripe avocado  
bread  
salt  
pepper  
lemon (optional)

Have your children wash their hands so that they can help you make this simple snack. Use a knife to cut open the avocado, remove the pit, and scoop the flesh into a bowl (adult only). Offer your child a fork, and guide them to use the fork to mash the avocado.



Toast the bread, cut it into smaller triangles, and set out the slices. Help your child spread the smashed avocado onto the slices. Work together to add a sprinkling of salt and pepper. Add a squeeze of fresh lemon juice if desired.

## Reminders

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