

## Feeling My Best

### Suggested Books

*We Listen to Our Bodies*  
by Lydia Bowers

*Eat Your Superpowers!*  
by Toni Buzzeo

*This Is How We Stay Healthy: For Kids Going to  
Preschool*  
by DK

*ABC for Me: ABC Yoga*  
by Christiane Engel

*Let's Move!*  
by Larissa Honsek

*Soup Day*  
by Melissa Iwai

*The Boy with Big, Big Feelings*  
by Britney Winn Lee

*How Do You Feel?*  
by Lizzy Rockwell

*Me and My Amazing Body*  
by Joan Sweeney

*In My Heart: A Book of Feelings*  
by Jo Witek

### Storytime Theme Book

*Healthy Kids*  
by Maya Ajmera



## Rainforest Explorers

### Suggested Books

*There's a Lion in the Forest!*  
by Mônica Carnesi

*Insect Experts in the Rain Forest*  
by Sue Fliess

*All About Weather*  
by Huda Harajli

*Amazing Creatures of the Rainforest*  
by Cheryl Johnson

*Hello World! Rainforest Animals*  
by Jill McDonald

*Who's Hiding in the Rainforest?*  
by Katharine McEwen

*Over and Under the Rainforest*  
by Kate Messner

*Something Wonderful*  
by Matt Ritter

*Riddle Diddle Rainforest*  
by Diane Z. Shore

### Storytime Theme Book

*All About Rain Forests*  
by Christina Mia

